

**'The Age of Genomic Medicine'**  
**Action Duchenne Conference, 2019**

# Structure

Brief Introduction

What is a genome and what is genomics?

How do we sequence DNA?

Genomics in the UK

Why is genomics relevant for Duchenne?



The future of  
medicine is  
patient-centric and  
data-driven





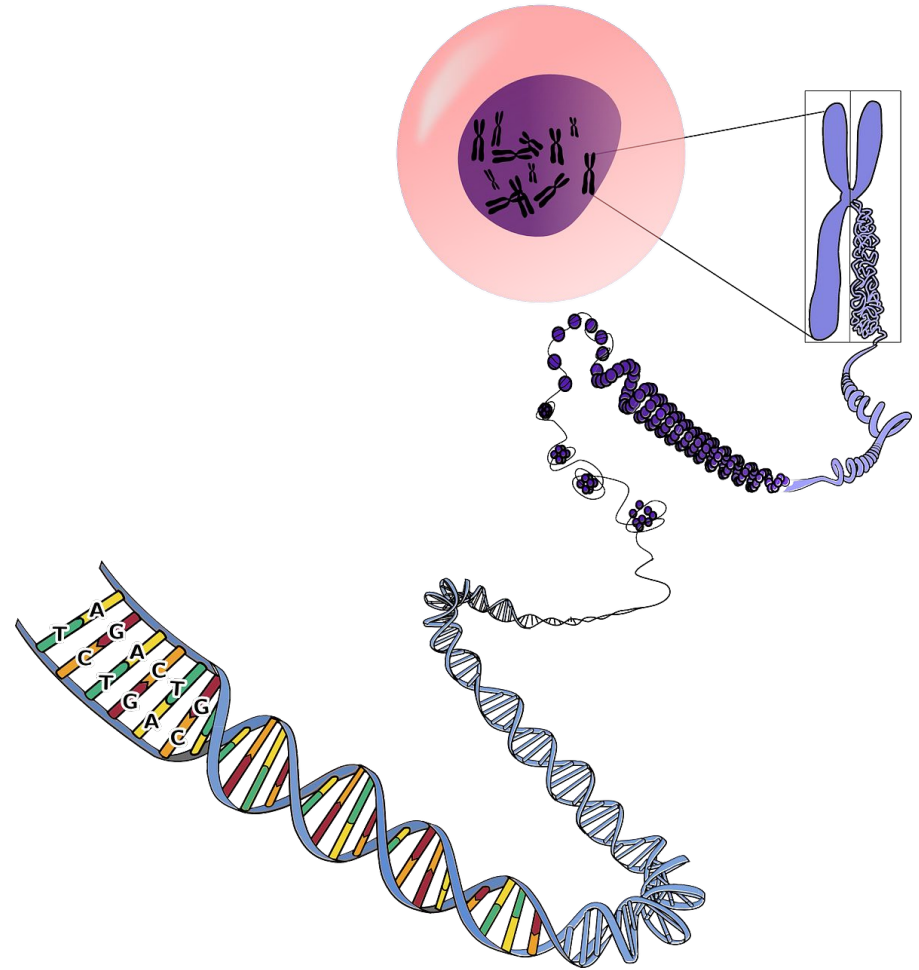
# A copy of the 'recipe for life' in every cell

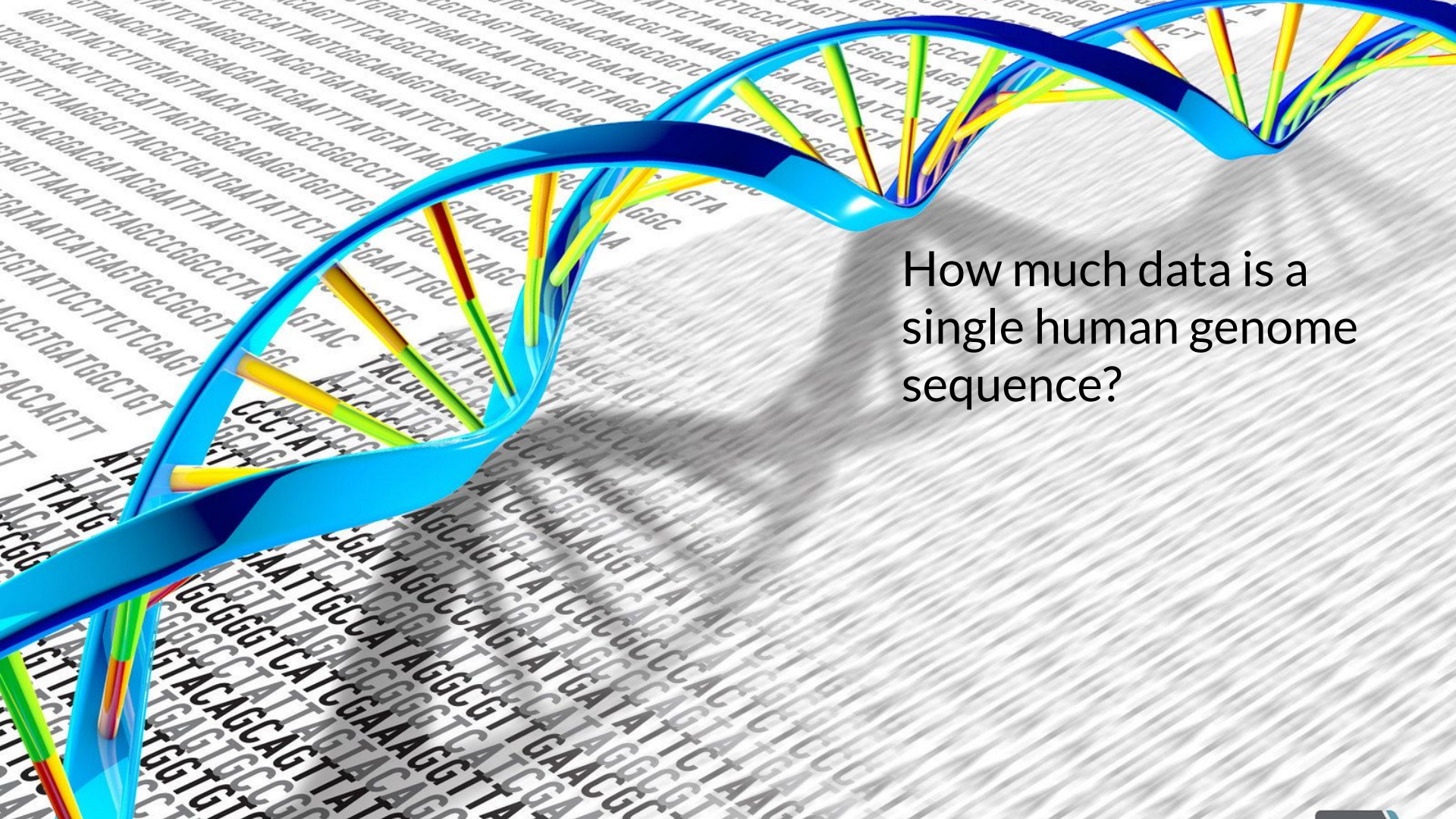
Our bodies have:

trillions of cells

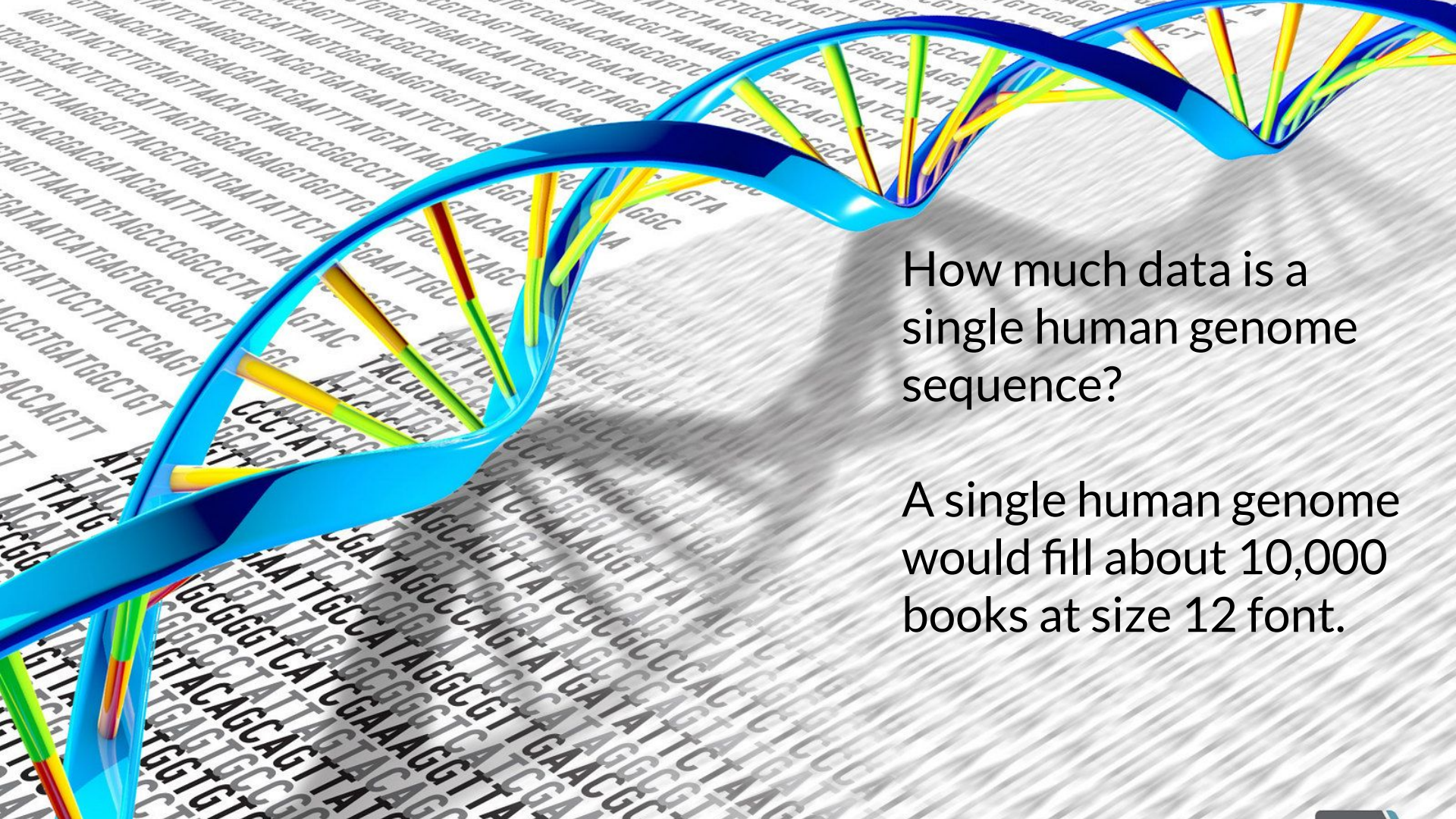
6.2 billion bases of DNA in every cell

Packaged into 23 chromosomes





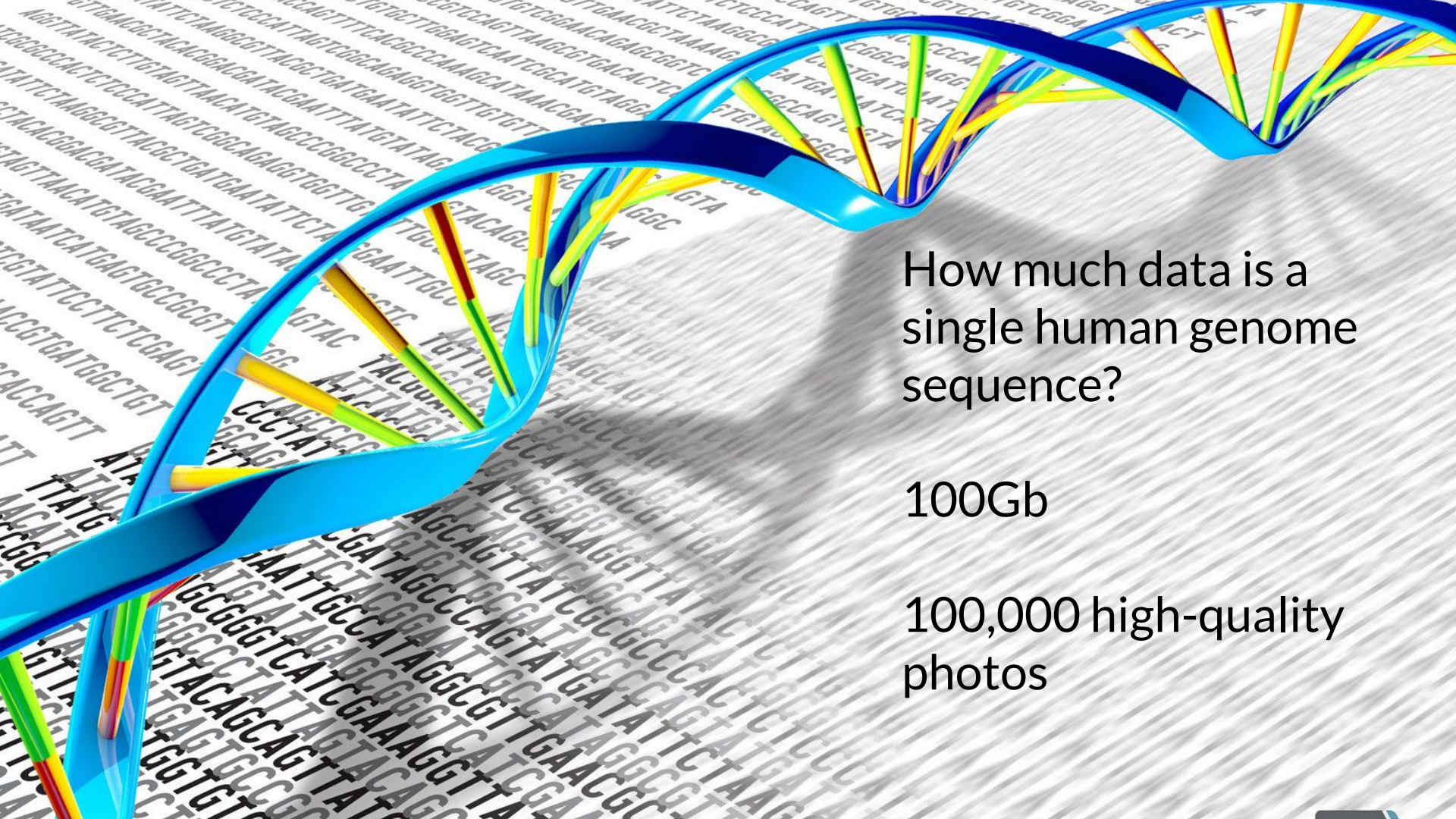
How much data is a single human genome sequence?



How much data is a single human genome sequence?

A single human genome would fill about 10,000 books at size 12 font.





How much data is a single human genome sequence?

100Gb

100,000 high-quality photos

If you stretched out all of  
your DNA end-to-end



If you stretched out all of  
your DNA end-to-end



384,400 km

A dashed white arrow pointing from the Earth to the Moon, indicating the distance. The arrow is positioned between the Earth and the Moon, with the text '384,400 km' centered above it.

It would reach the moon

If you stretched out all of  
your DNA end-to-end



384,400 km

A dashed white double-headed arrow indicating the distance between Earth and the Moon. The arrow is positioned horizontally between the Earth and the Moon.

It would reach the moon  
and back

If you stretched out all of  
your DNA end-to-end



384,400 km



It would reach the moon  
and back

1500 times

DNA is in every cell, but only DNA in the sperm or eggs gets passed on to the next generation.

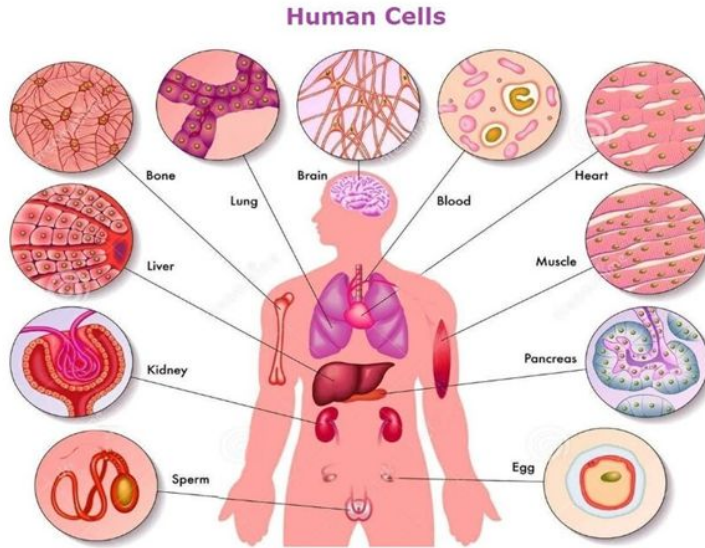


Image source: <https://www.quora.com/How-many-cells-are-there-in-the-human-body>

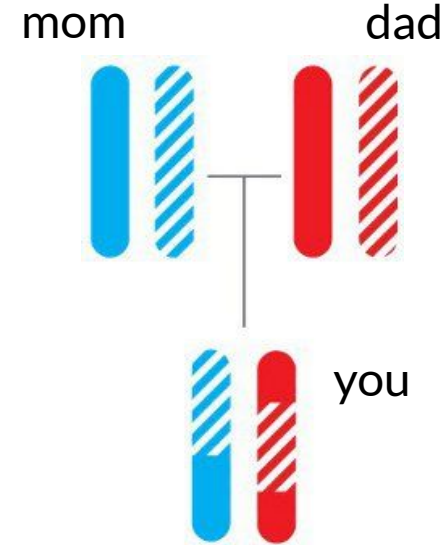


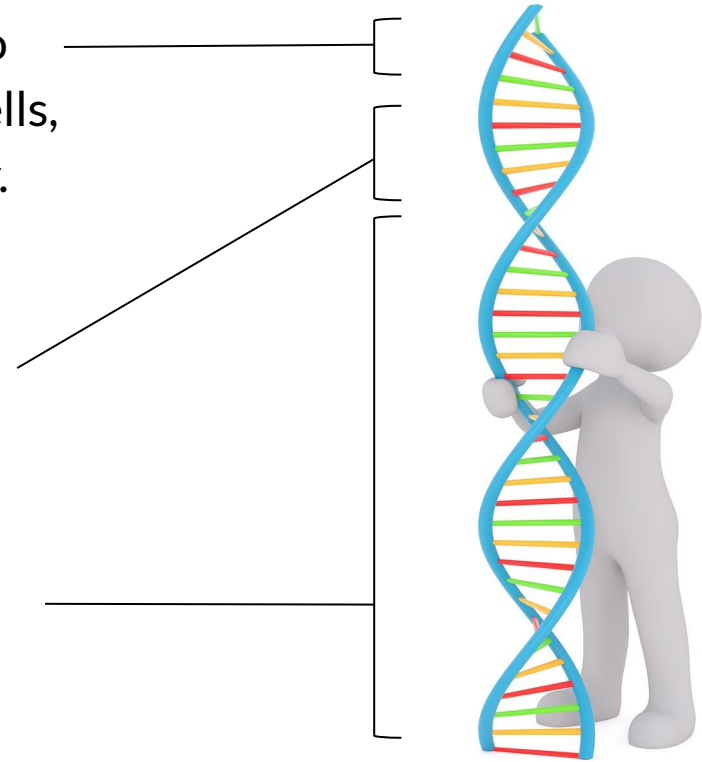
Image source: <https://genetics.thetech.org/ask-a-geneticist/>

## Only 2% of human DNA is genes

About 2% of our DNA is genes, which turn into proteins. Proteins are the building blocks of cells, and they are different in every cell of our body.

10-20% of our DNA is regulatory, which turns genes on and off in different types of cells

The rest is more than likely doing nothing!



# Genes turn into proteins, which determine how our cells work

DNA encodes a 'recipe' for creating proteins

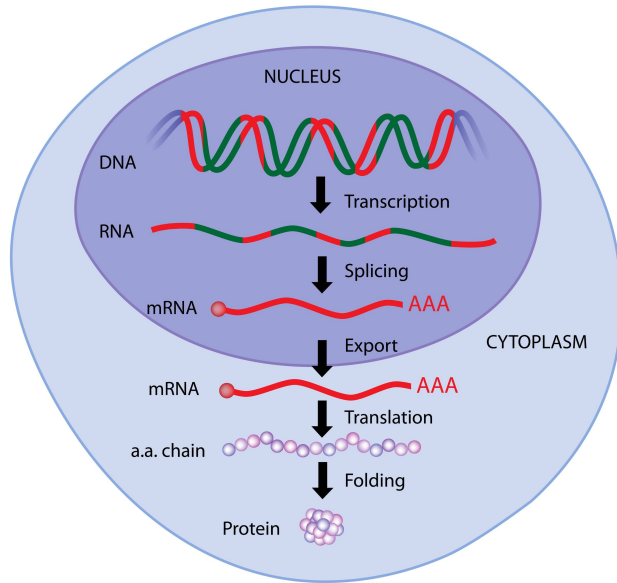


Image source: [www.healio.com](http://www.healio.com)



# Genes turn into proteins, which determine how our cells work

DNA encodes a 'recipe' for creating proteins

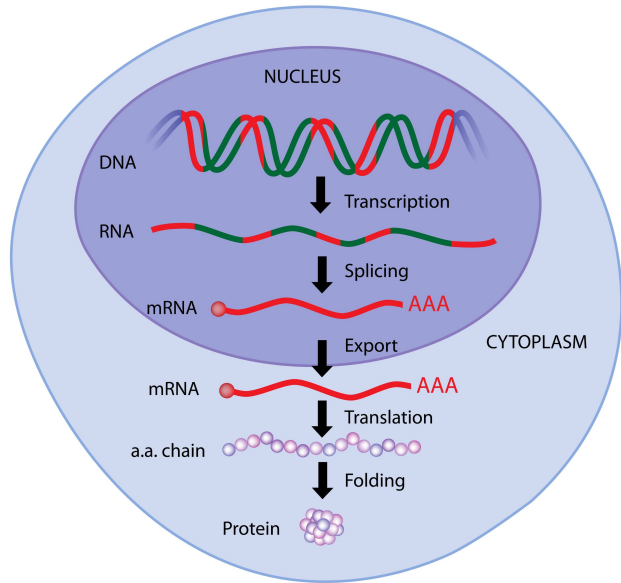


Image source: [www.healio.com](http://www.healio.com)

	Muscles	Heart	Neuron
Gene A	✓	✓	✓
Gene B	✗	✗	✓
Gene C	✗	✓	✗
Gene D	✓	✗	✗

Humans have about 20,000 genes!

## Small changes to our DNA can have a big impact

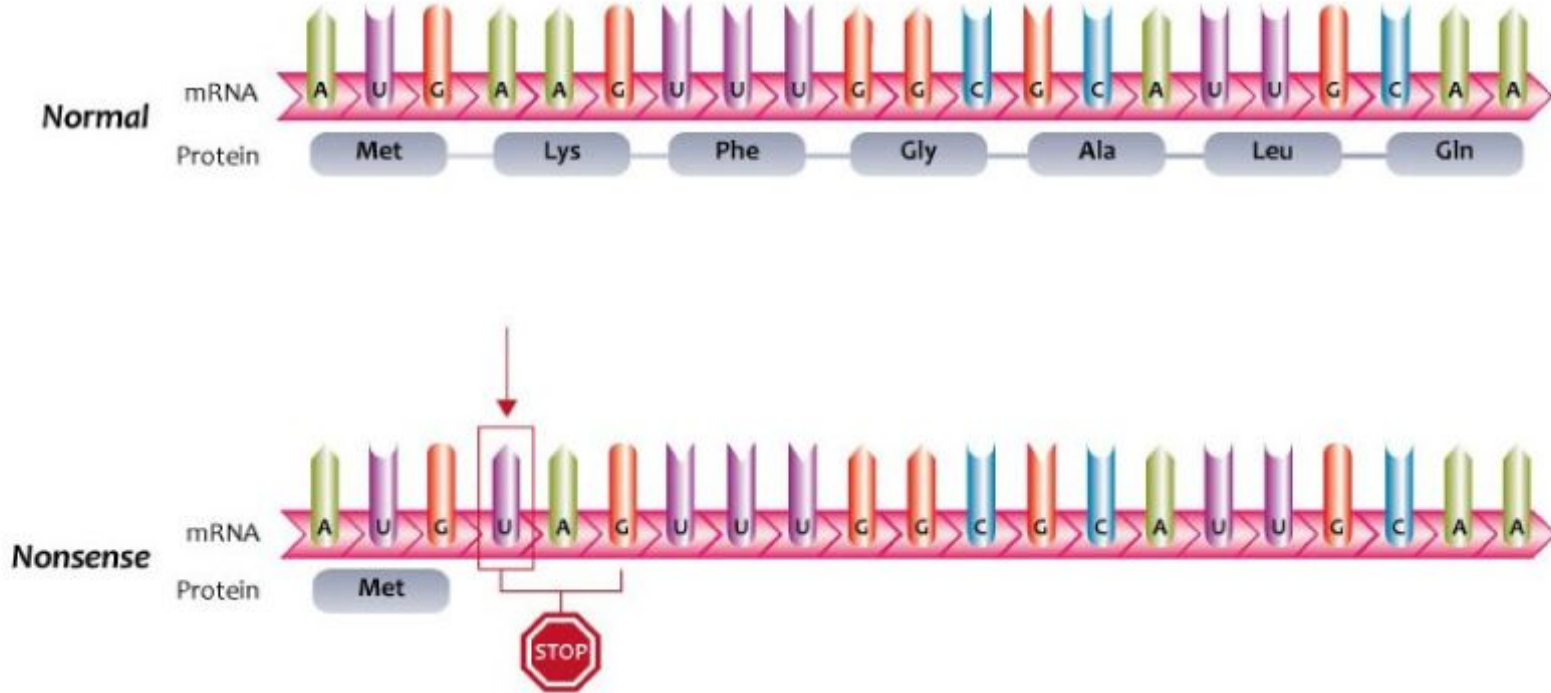


Small changes to the DNA can:

- Change amount of protein produced
- Change the shape of protein
- Destroy the protein

These small changes can change traits (like eye color) or risk of disorders (like DMD).

# Single letter change can have a large impact



Adapted from Campbell NA (ed). Biology, 2nd ed, 1990

## How do we read DNA?

ATCGCTAGCTAGCTCGCCCCCTAGCTAAACGATCGATCGTTAAGCTCCGACCCTTT

## How do we read DNA?



**Genotyping, used by nearly all consumer DNA companies measures about 1 million pre-selected letters about 0.02% of the total DNA.**

## How do we read DNA? - Genotyping

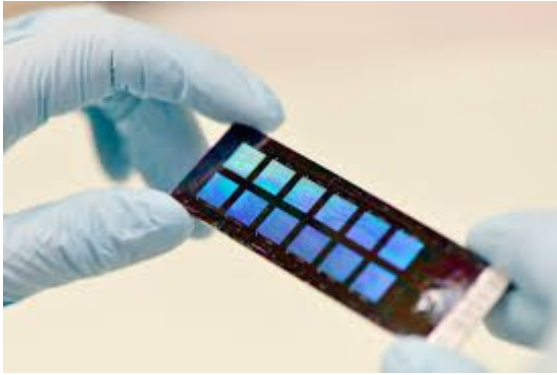


Image source: [www.fimm.fi](http://www.fimm.fi)

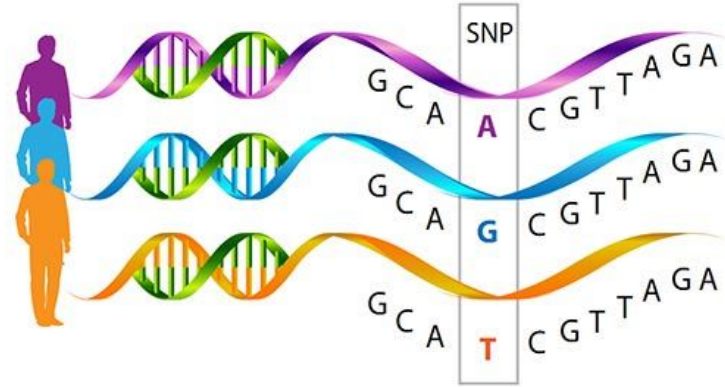


Image source: [www.cincinattichildrens.org](http://www.cincinattichildrens.org)

This technology tests between 500k and a few million locations in the DNA that commonly vary in humans. These are called single nucleotide polymorphisms (SNPs)

Pro: low-cost (\$20 - \$70 per person)

Con: incomplete and misses rare genetic variation

This is the technology used by 23andMe, AncestryDNA, etc.

## How do we read DNA?

ATCGCTAGCTAGCTCGCCCCCTAGCTAAACGATCGATCGTTAAGCTCCGACCCTTT

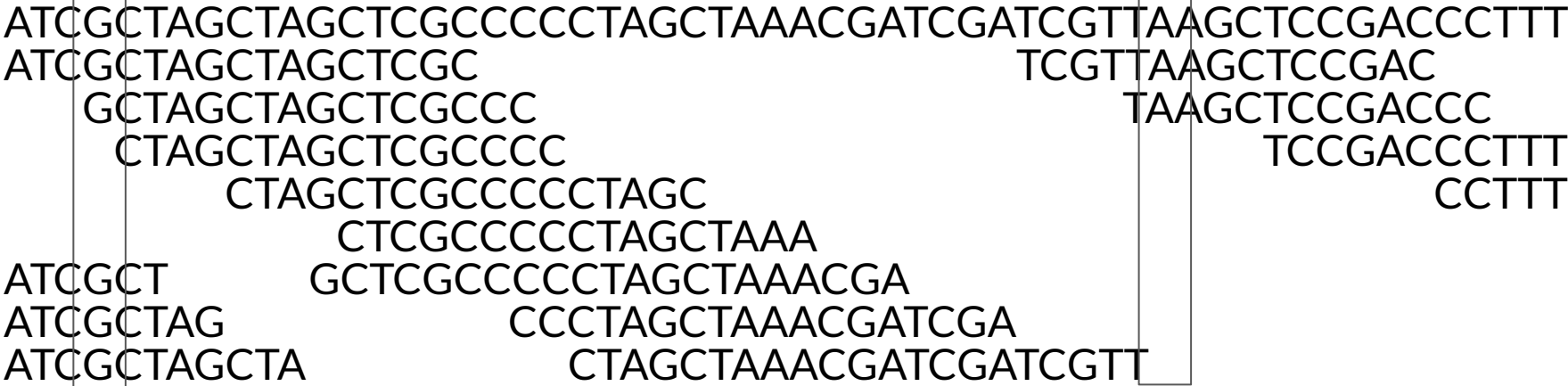
# How do we read DNA?

ATCGCTAGCTAGCTCGCCCCCTAGCTAAACGATCGATCGTTAAGCTCCGACCCTTT  
ATCGCTAGCTAGCTCGC TCGTTAAGCTCCGAC  
GCTAGCTAGCTCGCCC TAAGCTCCGACCC  
CTAGCTAGCTCGCCCC TCCGACCCTTT  
CTAGCTCGCCCCCTAGC CCTTT  
CTCGCCCCCTAGCTAAA  
ATCGCT GCTCGCCCCCTAGCTAAACGA  
ATCGCTAG CCCTAGCTAAACGATCGA  
ATCGCTAGCTA CTAGCTAAACGATCGATT



# How do we read DNA?

Next generation sequencing allows us to read every letter tens or hundreds of times.



# How do we read DNA?

Sequencing can help us identify single letter changes

ATCGCTAGCTAGCTCGCCCCCTAGCTACACGATCGATCGTTAAGCTCCGACCCTTT  
ATCGCTAGCTAGCTCGC TCGTTAAGCTCCGAC  
GCTAGCTAGCTCGCCC TAAGCTCCGACCC  
CTAGCTAGCTCGCCCC TCCGACCCTTT  
CTAGCTCGCCCCCTAGC CCTTT  
CTCGCCCCCTAGCTACA  
ATCGCT GCTCGCCCCCTAGCTACACGA  
ATCGCTAG CCCTAGCTACACGATCGA  
ATCGCTAGCTA CTAGCTACACGATCGATCGTT



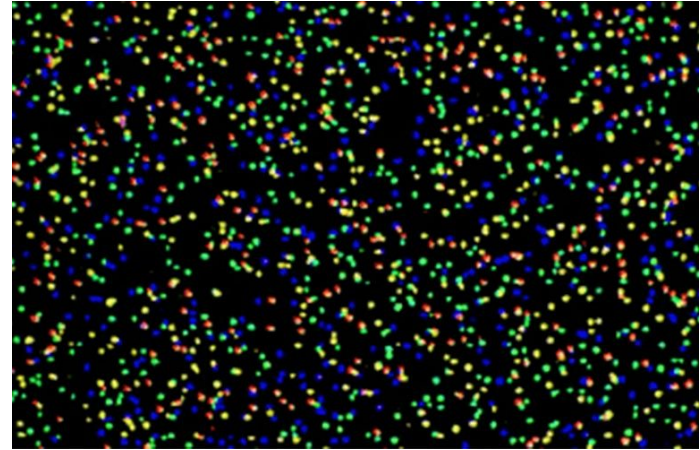
# How do we read DNA?

As well as deletions and duplications

```
ATCGCTAGCTAGCTCGCCC
ATCGCTAGCTAGCTCGC
  GCTAGCTAGCTCGCCC
    CTAGCTAGCTCGCCCC
      CTAGCTCGCCCCC
        CTCGCCCCC
          GCTCGCCCCC
            CCC
              C
ATCGCT
ATCGCTAG
ATCGCTAGCTA
```

```
GTAAAGCTCCGACCCTTT
TCGTTAAGCTCCGAC
  TAAGCTCCGACCC
    TCCGACCCTTT
      CCTTT
TCGTT
```

# How does sequencing work?

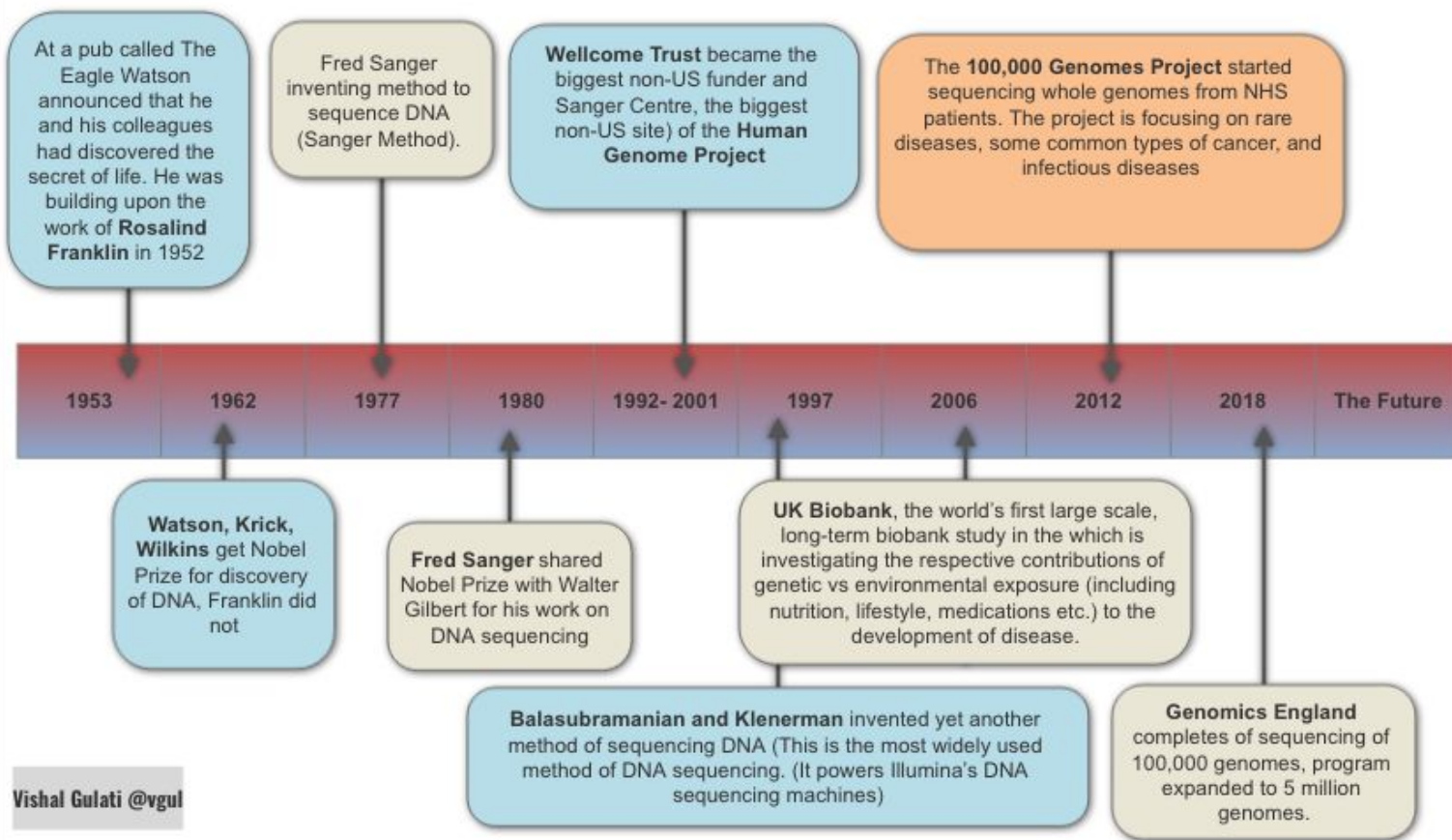


This technology tests specific genes in great detail, or the whole genome.

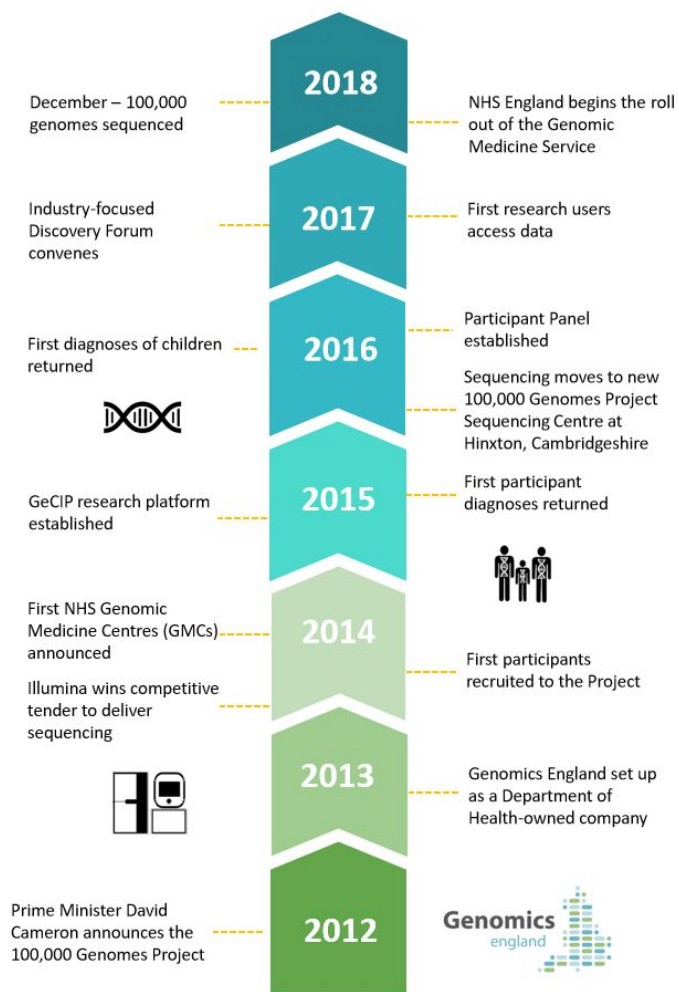
Pro: covers both rare and common variation  
Con: more expensive - £300 - £1000

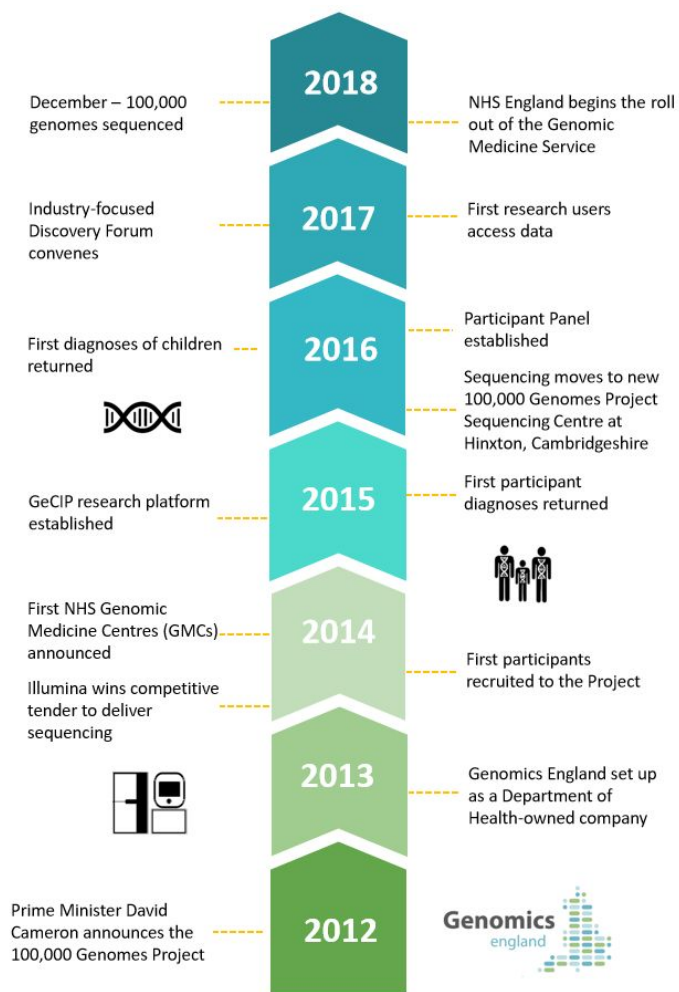
Next-generation is primarily used in research, but now offered by some direct-to-consumer companies.

# HOW THE UK BECAME A GENOMICS SUPERPOWER



Vishal Gulati @vgul





This new initiative means:

- Faster diagnoses using better technology
- National rare disease strategy with genomics as an integral part

**Why is genomics relevant for DMD? Don't we know the gene?**



Review

# Dystrophin and mutations: one gene, several proteins, multiple phenotypes

Prof Francesco Muntoni <sup>a</sup>  , Silvia Torelli <sup>a</sup>, Alessandra Ferlini <sup>b</sup>

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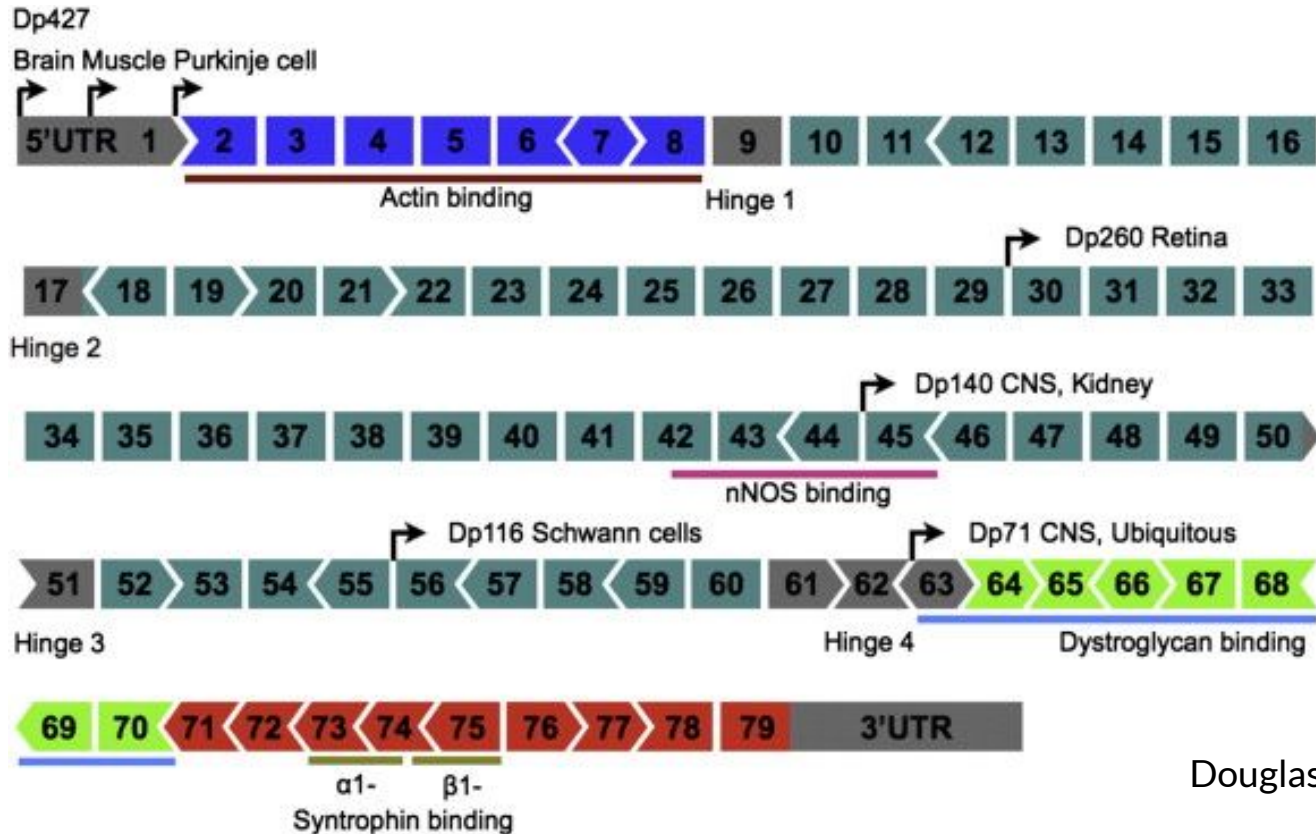
[https://doi.org/10.1016/S1474-4422\(03\)00585-4](https://doi.org/10.1016/S1474-4422(03)00585-4)

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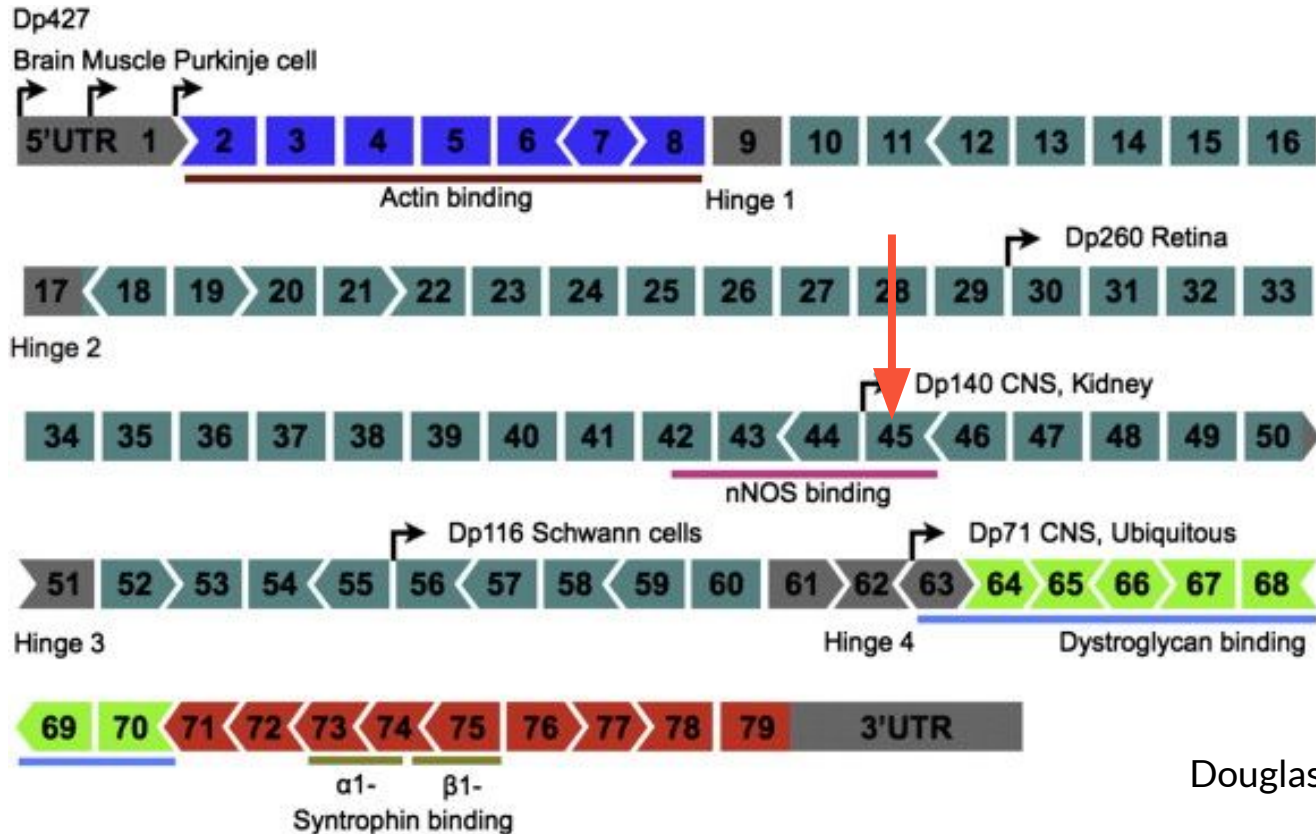
Muntoni et. al, 2003

# The Dystrophin gene is longest in the genome, with a complex set of genetic changes



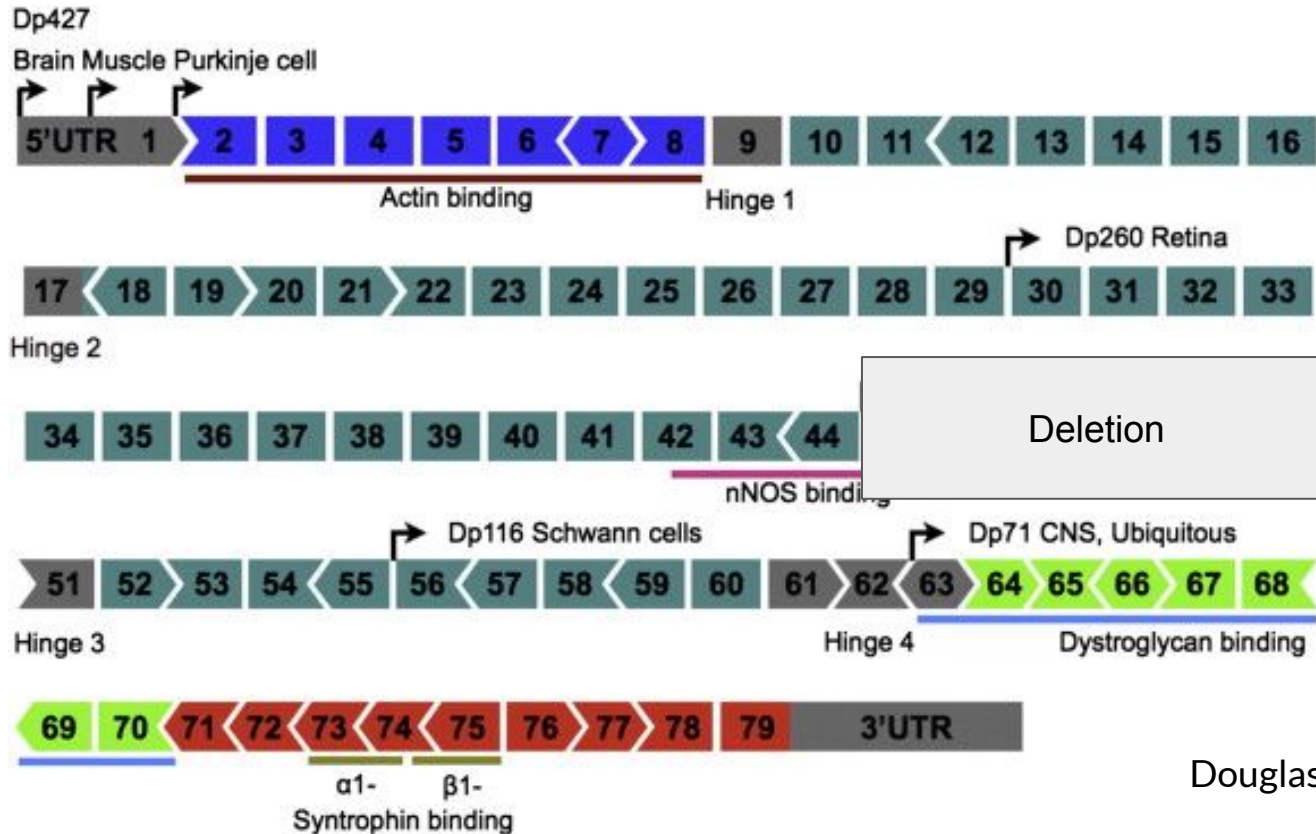
Douglas et. al

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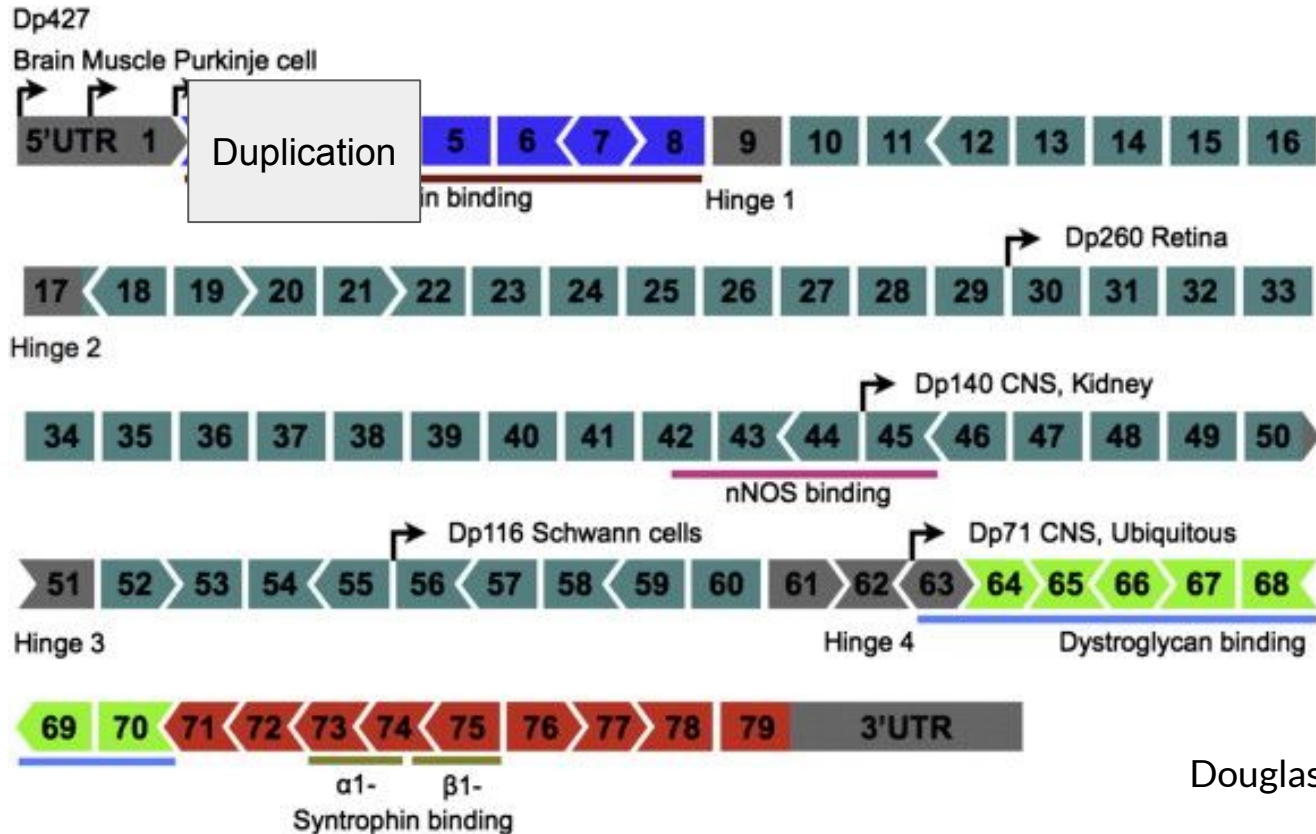
Douglas et. al

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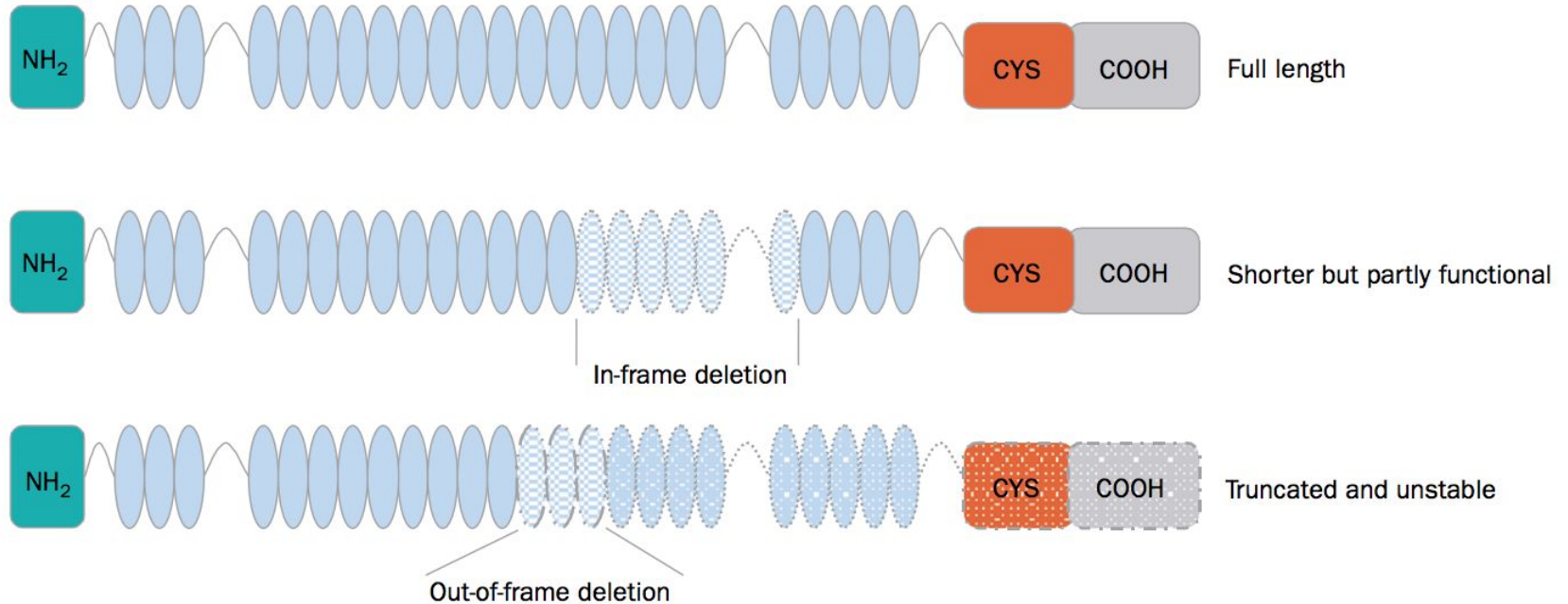
Douglas et. al

# The Dystrophin gene is longest in the genome, with a complex set of genetic changes



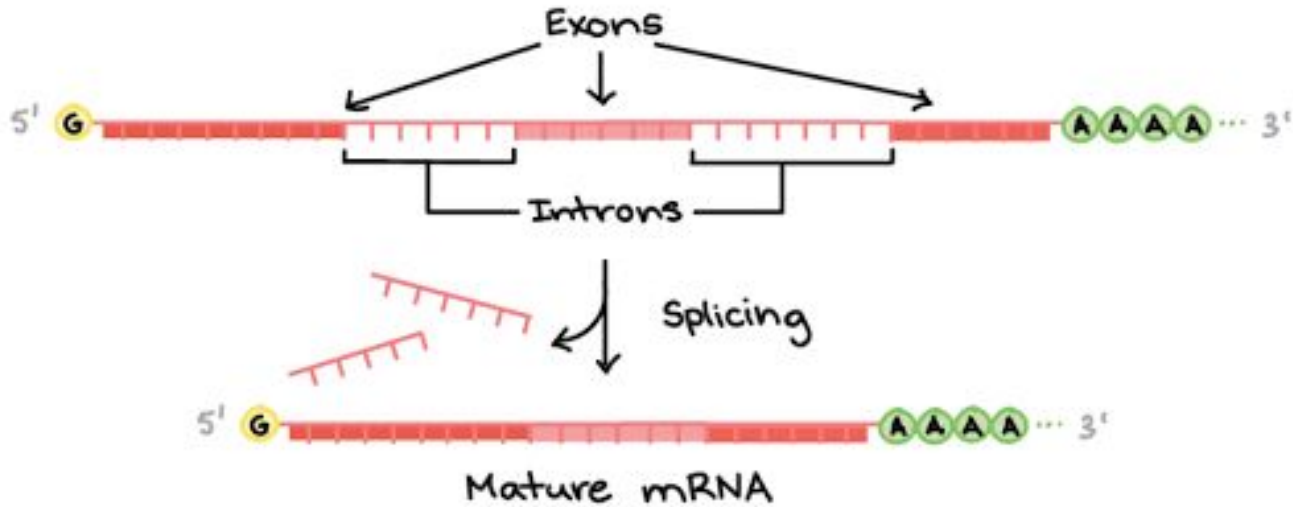
Douglas et. al

# Different genetic variants cause different outcomes



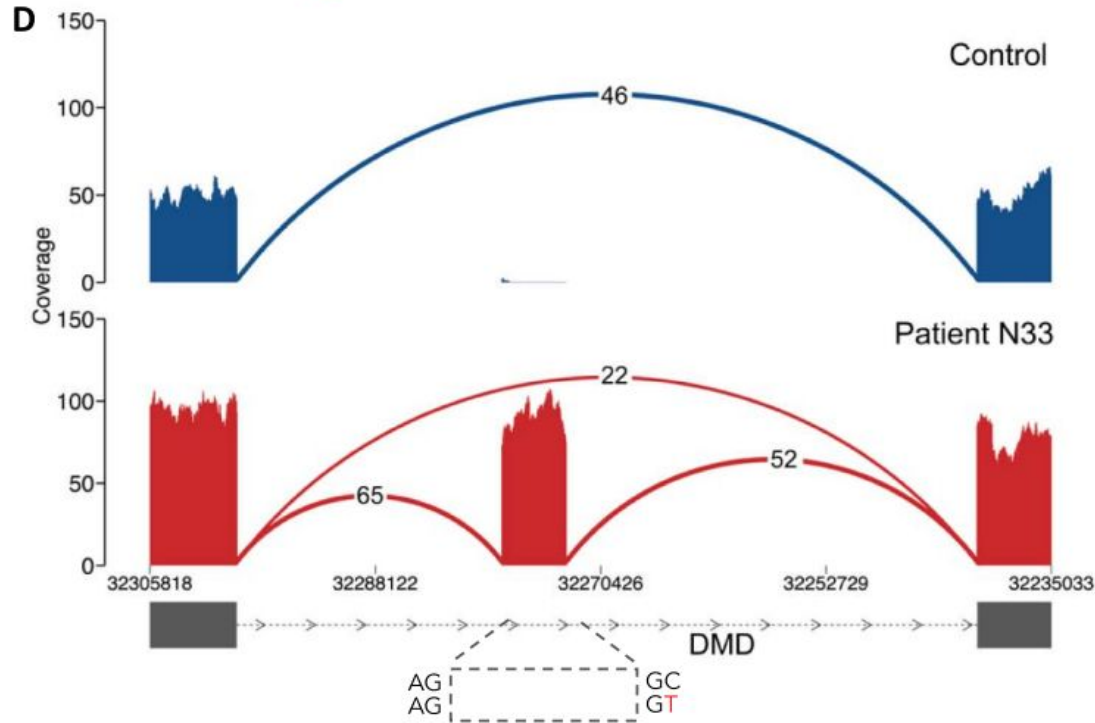
Muntoni et. al, 2003

# RNA sequencing and whole genome sequencing is helping find previously hidden genetic variants



Khan Academy

# RNA sequencing and whole genome sequencing is helping find previously hidden genetic variants



Cummings et. al, 2017



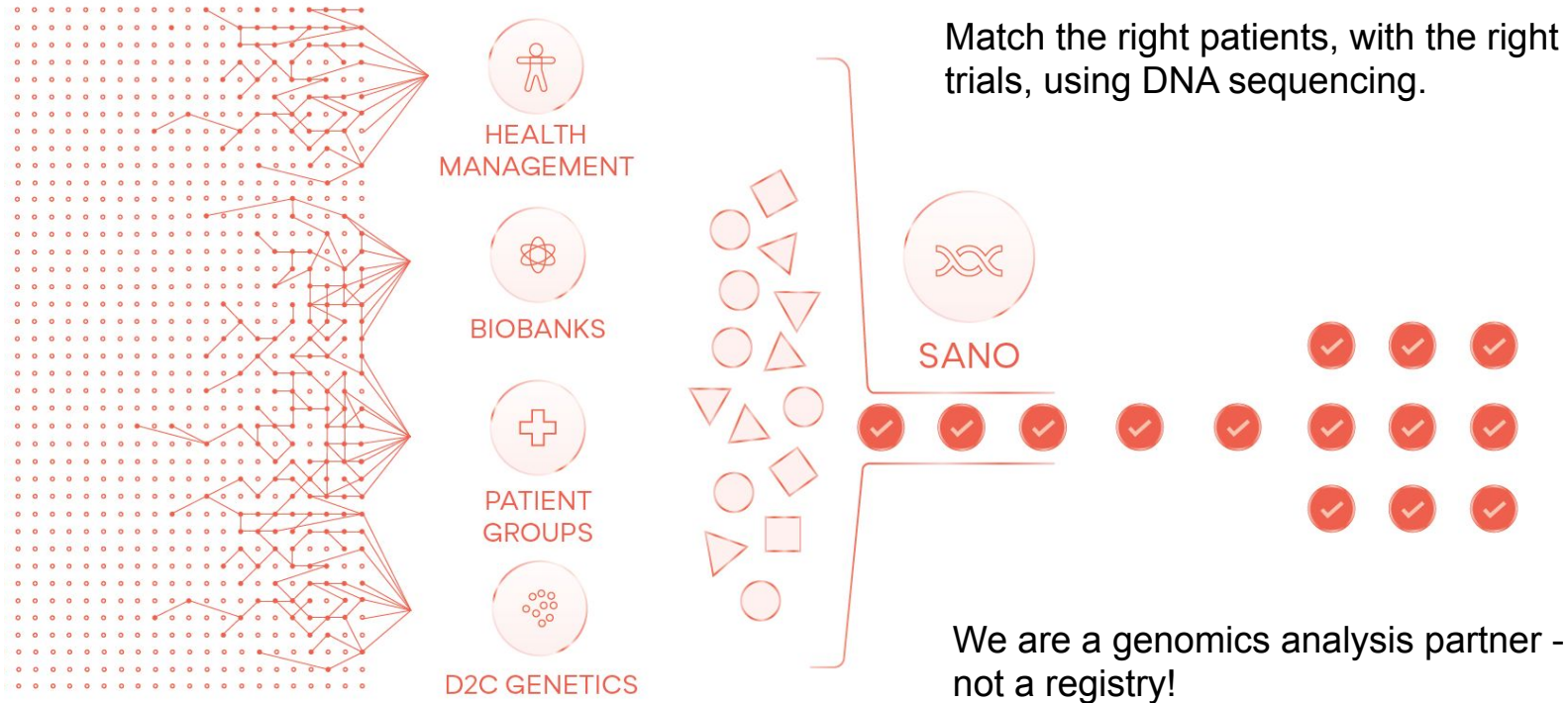
Treatments in DMD are more personalised, soon tailored to a unique DNA change



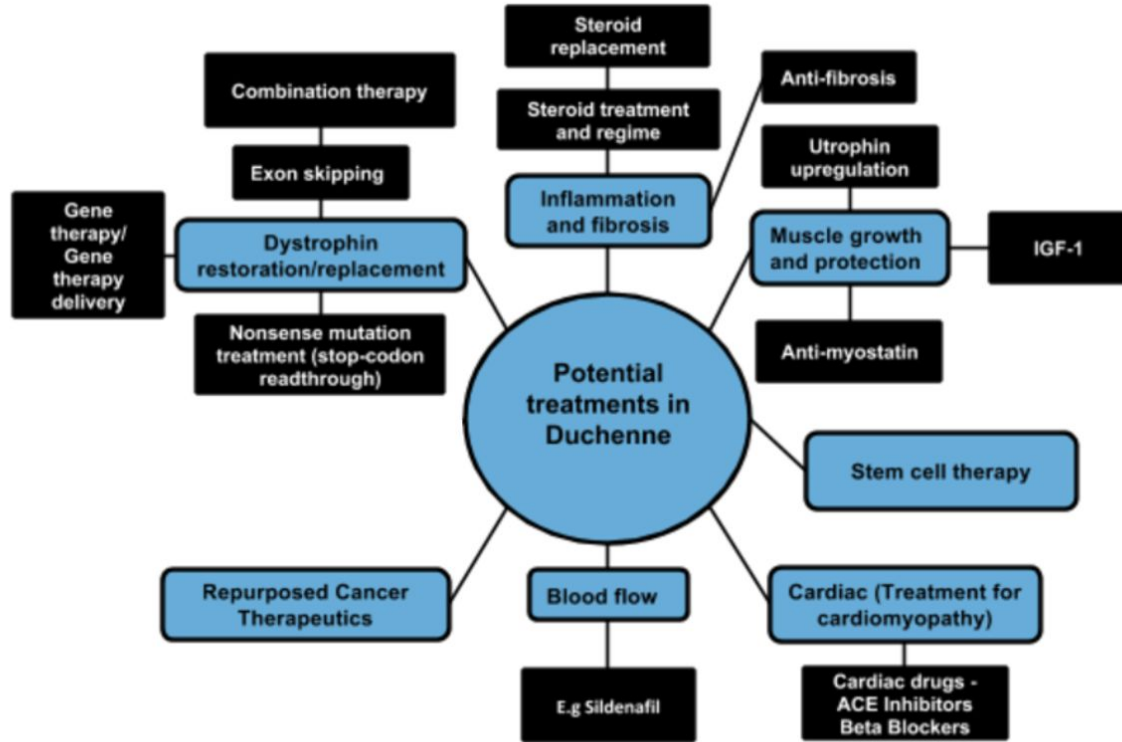
# How do we make sure patients get the right treatment?



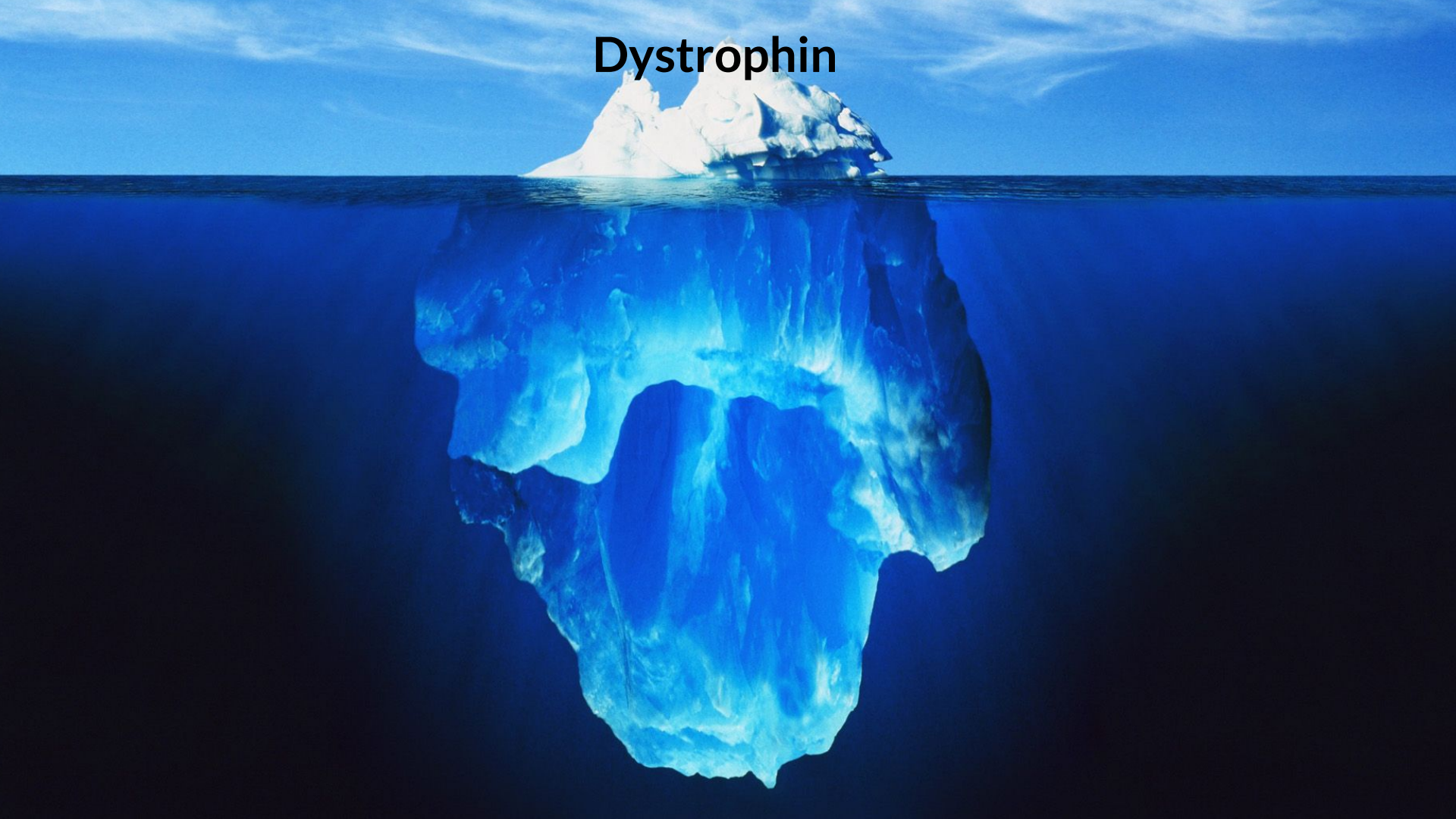
# How do we make sure patients get the right treatment?



# How do we make sure patients get the right treatment?



# Dystrophin



# Dystrophin

An iceberg floating in the ocean. The tip of the iceberg is above the water line and is labeled 'Dystrophin'. The much larger part of the iceberg is submerged below the water line and contains a list of other genes. The water is a deep blue color, and the sky is a lighter blue with some clouds.

ANXA6

CD40

UTRN

GH/GHR

ACTN3

SMCHD1

LTBP4

SPP1

BGN ITGA7

GDF8

LGALS1

SSPN JAG1

# Towards a better understanding of genetic heterogeneity in rare disease



We would love to partner with more patient organisations, researchers, and clinicians to perform DNA sequencing and analysis in DMD.

Even in 'single gene' disorders, every patient is different.

We need to **embrace** this and collect better data to **understand** it.





# Thank you!



[www.sanogenetics.com](http://www.sanogenetics.com)  
[patrick@sanogenetics.com](mailto:patrick@sanogenetics.com)

# Great conversations about the future of genomics and personalised medicine



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