

Preparation for families using video clinics for physiotherapy assessment

1. Identify any questions and/or concerns you have before the consultation and make a list.
2. If necessary take videos or photographs related to concerns before or after the consultation.
3. Clear a floor space that is large enough for your child to lay on the floor, where they can be seen by the video equipment, and focus the equipment on this area. If your child is a wheelchair user then the space should allow full vision of them and the chair.



If a hallway is available it would be best for the walking activities



- 4 Make sure the patient knows the assessment is going to take place and that they are willing to do an assessment. Reassure them it will only be the movements normally done at a clinic visit.
- 5 Make sure your child is in suitable clothing to move on the floor and be videoed.
- 6 Try to minimise disruption and make sure the rest of the family know not to disturb the video call.
- 7 Check the list of starting positions sent to make sure you understand them before the call, if you are in doubt please let your therapist know when she calls you.