

Starting positions for the physio- therapy assessment



This is the position for standing activities.

Your child will be asked to stand first and after that they will be asked to stand on 1 leg, hop and jump all from this position.



This is the position for sit to stand .

If you have a small chair please use it if not the sofa with cushions removed is usually around the right height



X This is too high, feet don't reach the floor



This is the position for stepping up and stepping down, if stairs are not available then use something else to create a step.





This is the position for demonstrating lying to sitting, lying to standing and head lifting