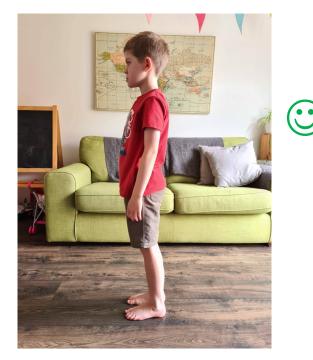
## Alder Hey Children's NHS

**NHS Foundation Trust** 

**Neuromuscular Team** 

## Starting positions for the physio- therapy assessment



## This is the position for standing activities.

Your child will be asked to stand first and after that they will be asked to stand on 1 leg, hop and jump all from this position.



## This is the position for sit to stand .

If you have a small chair please use it if not the sofa with cushions removed is usually around the right height





X This is too high, feet don't reach the floor

Alder Hey Children's NHS

NHS Foundation Trust

Neuromuscular Team

This is the position for stepping up and stepping down, if stairs are not available then use something else to create a step.











Alder Hey Children's NHS Foundation Trust Neuromu







This is the position for demonstrating lying to sitting, lying to standing and head lifting