

Friday, 13th Nov	11:00-12:00	12:00-13:00	13:00-13:30	13:30-14:30	14:30-15:30	15:30-15:45	15:45-16:45	16:45-17:45	19:00-19:30	19:30-22:00
KNOWLEDGE	Registration and meet the team	Lunch and Networking <i>an informal opportunity to connect with peers, share perspectives, and build relationships in a relaxed setting</i>	Welcome	Duchenne, Clearly Explained: What It Is and What It Means	Duchenne Carriers: Understanding the Genetics and Supporting Mental Wellbeing	Break	Understanding the Duchenne Standards of Care: What Matters When	Coordinating Care in Adulthood: Making the Multidisciplinary Model Work	Celebrating 25 years	Dinner
COMMUNITY				Moving Forward: Living with Duchenne and Finding Your Way	Neurodiversity: Understanding cognitive and behavioural changes in Duchenne		More than Movement: How Sport supports Mental Health	Your Home, Made Simpler: Adaptations and Accessibility		
CARE				Looking After You Too: Emotional Support for Families and Carers	Making Everyday Life Easier: Getting the Most from Occupational Therapy		Supporting Movement Early: Making Physiotherapy Part of Everyday Life (Ambulant)	Navigating Education system without the stress		
Information and Support 1:1 sessions										
Hangout Zone (4-16+ years)										
Creche (under 5 years)										
Wellbeing Zone										
Exhibitor Expo										
Saturday, 14th Nov	10:30-11:00	11:00-11:30	11:30-12:30	12:30-13:30	13:30-14:30	14:30-15:30	15:30-16:30	16:30-17:00		
KNOWLEDGE	Registration	Welcome	Research Without the Hype: What's Really Changing in Duchenne Therapeutic landscape	Clinical Trial Updates 2026: Ongoing and Upcoming trials	Lunch	Navigating Steroid Therapy: A Joint Approach to Steroid Management	Beyond Childhood: Transition, Independence and Quality of Life	Closing Remarks		
COMMUNITY			Work, Purpose & Possibility: Employment for People Living with Duchenne	Driving Forward: Exploring Learning to Drive with Duchenne and accessible mobility cars		Duchenne and Finances	More Than a Chair: How the Right Chair Supports Independence and Health			
CARE			Adapting with Confidence: Supporting Comfort, Movement & Positioning (Non-Ambulant)	Navigating Healthy Relationships While Living With Duchenne (<i>LWD Adults only! 16+ years</i>)		Supporting Young People to Navigate Healthy Relationships While Living With Duchenne (<i>For parents</i>)	Beyond Physical Health in Duchenne: Mental Health, Education and Quality of Life			
Information and Support 1:1 sessions										
Hangout Zone (4-16+ years)										
Creche (under 5 years)										
Wellbeing Zone										
Exhibitor Expo										